

Camp Registration

Fill out this form (one form per child) or register and pay online at: cpalions.org/athletics/summer-athletic-camps/

May 28-31	<input type="checkbox"/> Baseball Camp / Grades 3-7 / 9 a.m.-Noon	\$135
May 28-31	<input type="checkbox"/> Cheerleading Camp / Grades K-5 / 1-4 p.m.	\$135
June 3-5	<input type="checkbox"/> Football Camp / Non Contact / K-8 / 6-8 p.m.	\$135
June 3-6	<input type="checkbox"/> Girls' Soccer Camp / Grades K-7 / 9 a.m.-Noon	\$135
June 3-6	<input type="checkbox"/> Boys' Soccer Camp / Grades K-7 / 9 a.m.-Noon	\$135
June 17-21	<input type="checkbox"/> Co-Ed All-Sports / Grades K-7 Mon.-Thurs. 9 a.m.-3 p.m. / Fri. 9 a.m.-Noon	\$230
July 8-12	<input type="checkbox"/> Girls' Speed & Agility Camp / Grades 4-8 / 3-4:30 p.m.	\$105
July 9-11	<input type="checkbox"/> Boys' Speed & Agility Camp / Grades 4-8 / 3:30-5 p.m.	\$105
July 9-11	<input type="checkbox"/> Football / Full Contact / Grades 4-8 / 6-8 p.m.	\$135
July 15-19	<input type="checkbox"/> Girls' Speed & Agility Camp / Grades 4-8 / 3-4:30 p.m.	\$105
July 16-18	<input type="checkbox"/> Boys' Speed & Agility Camp / Grades 4-8 / 3:30-5 p.m.	\$105
July 16-18	<input type="checkbox"/> Football / Full Contact / Grades 4-8 / 6-8 p.m.	\$135
July 15-19	<input type="checkbox"/> Nike Girls' Basketball** / Grades 3-7 Mon.-Thurs. 9 a.m.-3 p.m. / Fri. 9 a.m.-Noon <i>register online www.elitehoopsbasketball.com</i>	
July 22-26	<input type="checkbox"/> Nike Boys' Basketball** / Grades 3-7 Mon.-Thurs. 9 a.m.-3 p.m. / Fri. 9 a.m.-Noon <i>register online www.elitehoopsbasketball.com</i>	
July 29-Aug.1	<input type="checkbox"/> Volleyball Camp / Grades K-7 / 5:30-8 p.m.	\$135

A non-refundable deposit of \$25 per camp is required to reserve a place \$ _____

Check # _____ TOTAL PAYMENT \$ _____

Make Checks to CPA Sports Camps
More forms may be obtained from cpalions.org or at the CPA Elementary Reception Desk.
Note: The registration deadline is one week prior to the start of the camp.
After that time, a late registration fee of \$25 per camp will apply.

T-Shirt Size (circle one below)

YOUTH SIZES: S (6-8) M (10-12) L (14-16) XL (18-20)
 ADULT SIZES: S M L XL

Name of Student _____

Grade in 2013-14 _____ School Attending _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Parent _____ cell # _____

Physician _____ phone # _____

Emergency _____ cell # _____
(other than parent)

How did you hear about CPA Sports Camps? Friend Website
 CPA email Advertisement Attended camp previously
 Other _____ *Revised April 22, 2013*

The Role of Athletics at CPA

The role of athletics at Christ Presbyterian Academy is multifaceted, offering a variety of opportunities for students in all grade levels of the school.

First, as a general program incorporating the entire student body, athletics at CPA are designed to teach fundamental physical development. Through an all-encompassing program of activities and exercise programs, each student learns to maintain proper care of his/her physical body. Every student is provided with an opportunity to be involved in specific physical activities on a daily basis.

Second, the athletic program at CPA participates in organized league events at both the middle school and high school levels. This aspect of the athletics program is designed to provide an opportunity for individuals with appropriate talent levels to compete in an organized team sport. Athletic participation provides an avenue of teaching whereby an individual learns the value of personal sacrifice, discipline and commitment to personal and team goals. Participation in a highly competitive environment imparts the lessons of winning with humility, losing with grace, and persevering to achieve a goal.

The goal of athletics at CPA is not to become the driving force behind the school's identity. However, it is recognized that athletics can play an important role, if properly handled, in the overall development of school spirit as well as the development of individual participants. The athletic program will promote standards consistent with the philosophy of the school, acting as a supplement to the overall emphasis placed upon spiritual and academic development during daily school activities for individuals who participate in athletics.

Soli Deo Gloria!



Christ Presbyterian Academy
 2323-A Old Hickory Blvd.
 Nashville, TN 37215
cpalions.org/athletics



2013 SUMMER SPORTS CAMPS

- ALL-SPORTS
- BASEBALL
- BASKETBALL
- CHEERLEADING
- FOOTBALL
- SOCCER
- SPEED & AGILITY
- VOLLEYBALL

cpalions.org

Online registration is now available at:
cpalions.org/athletics/summer-athletic-camps/

Revised April 22, 2013

Important Camp Information

Online registration:

cpalions.org/athletics/summer-athletic-camps/

Questions?

Contact CPA Athletics at 301-3573

Sports Information Director, Jennifer Martin
jennifer.martin@cpalions.org

Athletic Director, Mike Ellson
mike.ellson@cpalions.org

Key Details

**** The registration deadline is one week prior to the start of the camp. After that time, a late registration fee of \$25 per camp will apply.**

**** All-Day Campers will need to bring a lunch** or purchase lunch from the concession stand, which will be open each day. There will be a variety of offerings from day-to-day for the main lunch menu with standard snacks, sports drinks, water, and soft drinks available for purchase at Basketball and All-Sports camps.

**** Your child may arrive 30 minutes prior to the start of camp. You must pick up your child no later than 30 minutes after the conclusion of camp.**

Mission
Christ Presbyterian Academy, an educational ministry of Christ Presbyterian Church, assists Christian families in helping students come to know God, evaluate all knowledge and all life by His truth, and live transformed by His truth for His glory.

Motto
Soli Deo Gloria
To God Alone be the Glory

Camp Descriptions

MAY 28-31

- **BASEBALL CAMP** / Boys Grades 3-7 \$135
9 a.m. - Noon / Coach Nesbitt & staff
- **CHEERLEADING CAMP** / Girls Grades K-5 \$135
1 - 4 p.m. / Coach Smothers

JUNE 3-5

- **FOOTBALL CAMP** / Non Contact*/ Boys Grades K-8 \$135
6 - 8 p.m. / Coach Martin & Coach Haywood

JUNE 3-6

- **GIRLS' SOCCER CAMP** / Grades K-7 \$135
9 a.m. - Noon / Coach Gagliano & staff
- **BOYS' SOCCER CAMP** / Grades K-7 \$135
9 a.m. - Noon / Coach Armstrong & staff

JUNE 17-21

- **CO-ED ALL-SPORTS CAMP****/ Grades K-7 \$230
Mon.- Thurs. 9 a.m.- 3 p.m., Fri. 9 a.m.- Noon / Coach Ellson & staff

JULY 8-12

- **GIRLS' SPEED & AGILITY CAMP** / Grades 4-8 \$105
3 - 4:30 p.m. / Coach Epps & staff

JULY 9-11

- **BOYS' SPEED & AGILITY CAMP** / Grades 4-8 \$105
3:30 - 5 p.m. / Coach Epps & staff
Goal: To instruct proper mechanics for sprinting, teaching proper arm swing, knee drive, heel position, starting stance, and understanding the significance of hip extension. Students will learn about body control, foot speed, and center of gravity through a variety of movement drills.

- **FOOTBALL CAMP** / Full Contact*/ Grades 4-8 \$135
6 - 8 p.m. / Coach Martin & Coach Haywood

JULY 15-19

- **GIRLS' SPEED & AGILITY CAMP** / Grades 4-8 \$105
3 - 4:30 p.m. / Coach Epps & staff

JULY 16-18

- **BOYS' SPEED & AGILITY CAMP** / Grades 4-8 \$105
3:30 - 5 p.m. / Coach Epps & staff
- **FOOTBALL CAMP** / Full Contact*/ Grades 4-8 \$135
6 - 8 p.m. / Coach Martin & Coach Haywood

JULY 15-19

- **NIKE GIRLS' BASKETBALL CAMP**** / Grades 3-7
Mon. - Thurs. 9 a.m. - 3 p.m., Fri. 9 a.m. - Noon Register online
Coach Maddux, Coach LeGate, & staff (See description below.)

JULY 22-26

- **NIKE BOYS' BASKETBALL CAMP****/ Grades 3-7
Mon. - Thurs. 9 a.m. - 3 p.m., Fri. 9 a.m. - Noon Register online
Coach Maddux, Coach LeGate, & staff — CPA is excited to continue our partnership with Nike Basketball & Elite Hoops Basketball to bring an elite-level basketball camp for boys & girls, grades 3-7, to the CPA campus. The camp incorporates advanced skill training and fundamental teaching, and utilizes the knowledge of some of today's brightest basketball minds. Nike will provide each camper with a certain level of free merchandise and will donate basketballs and prizes for contest winners. Register online at www.elitehoopsbasketball.com or call 301-3553 for more information.

JULY 29-AUGUST 1

- **VOLLEYBALL CAMP** / Girls Grades K-7 \$135
5:30 - 8 p.m. / Coach Sheffield

Camp Staff

Brett Armstrong is the current Trevecca Nazarene University Women's Head Soccer Coach and CPA's HS Boys' Head Soccer Coach. He led the Lions to the 1999 State Championship.

Mike Ellson has been CPA's only Athletic Director since 1987 and has been leading summer camps since 1988.

Brian Epps has served as a strength & conditioning coach at both Christ Presbyterian Academy and Ensworth High School. He played football for the University of Oklahoma, and he is certified by the National Strength & Conditioning Association as a certified strength & conditioning coach and personal trainer.

Brandy Gagliano is a former University of North Carolina-Asheville soccer player. She is the current HS Girls' Head Soccer Coach at CPA. She led the Lions to the 2012 A-AA State Championship.

Steve Haywood served as an offensive coach, defensive coordinator and assistant head coach at Austin Peay State University. He is the current CPA Assistant Head Football Coach, and Offensive Line Coach.

Becky LeGate is the Girls' Head Varsity Basketball Coach at CPA. A former standout at Belmont University, she has attained more than 300 victories as a high school girls' basketball coach. She led the Lions to the 2011-12 AA State Championship.

Drew Maddux is a former Vanderbilt basketball standout and current CPA Boys' Head Basketball Coach. He led the Lions to the 2011-12 AA State Championship.

Ingle Martin is Head Football Coach at CPA. His accomplishments include two Mr. Football awards, All-American honors at Furman University, selection as a fifth-round draft pick by the Green Bay Packers, and stints with three NFL teams.

Larry Nesbitt is a former baseball standout at David Lipscomb University. He currently serves as Head Varsity Baseball Coach at CPA.

Martha Sheffield is entering her second year as Head Varsity Volleyball Coach at CPA. She was an All-Conference player at Freed Hardeman University in Henderson, TN, where she also coached before coming to CPA.

Emily Smothers has cheered on the football and basketball squads at CPA from 7th-12th grade and is a graduate of the class of 2007. She went on to cheer at Samford University. After graduation in 2011, she returned to CPA to teach and coach. She coaches the high school football and basketball cheer squads.

Camp Permission

In consideration of Christ Presbyterian Academy granting permission to:

(Name of Student) _____
to use the facilities and/or equipment owned or operated by Christ Presbyterian Church and Academy (CPC/CPA) for the express purpose of participating in Summer Camps sponsored by CPC/CPA through the summer of 2013, the undersigned hereby waives and releases all claims, present or future, for damage, injury, or loss to the participant or to the participant's or parent's property which may be caused by any act or failure to act by CPC/CPA, its administrators, teachers, coaches, employees, agents, or students, parents, or others acting on behalf of CPC/CPA, and agrees not to sue for relief arising from such claims. The undersigned assumes full responsibility for the risk of injury to the participant or to property involved in the activity, including transportation to and from the site of the activity, and waives any and all specific notice of the existence of risks involved in the activity.

RELEASE, WAIVER & INDEMNITY AGREEMENT: For and in consideration of permitting the camp participant to observe, or use any facility or equipment of CPC/CPA, or engage in and/or receive instruction in any activity or activity incidental thereto, some of which may involve dangers and risk of bodily injury, the undersigned Participant, or the undersigned parent and/or guardian if Participant named above is a minor, hereby voluntarily and absolutely releases, discharges, waives and relinquishes any and all loss or damages or actions or causes of action for personal injury, property damage or wrongful death occurring to the Participant as a result of the Participant's observing or using facilities or equipment of CPC/CPA, or engaging in or receiving instructions in any activities, some of which may involve dangers and risk of bodily injury, or in activities incidental thereto, wherever or however the same may occur, and for whatever period said activities or instructions may continue.

The undersigned participant, parent or guardian if participant is a minor for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injury, property damage, or wrongful death shall be prosecuted against CPC/CPA or its officers, agents, servants, volunteers or employees, the undersigned will indemnify and hold harmless CPC/CPA and its officers, agents, servants, volunteers or employees from any and all claims or causes of action by the Participant or by any other person or entity, by whomever or wherever made or presented, and under no circumstances will the undersigned Participant (parent or guardian if Participant is a minor) present any claim against CPC/CPA and said persons for personal injuries, property damage, wrongful death or otherwise, caused by any act of negligence by CPC/CPA and said persons.

MEDIA RELEASE: The undersigned agrees that CPC/CPA may photograph, quote, record or videotape members of my/our family for communications and marketing purposes. Permission includes the right to use and/or publish photographs, recordings, footage and names in connection therewith if so desired for promotional efforts. I/we release CPC/CPA from any claim or liability related to that use and waive all claims for myself/ourselves, my/our heirs and assignees against individual staff persons and CPC/CPA. Should you object to the inclusion of your student, please submit a note outlining the areas you would like your child to be excluded, and those requests will be honored.

Parent/Guardian signature

Date

This form must be signed before camp registration can be accepted. Complete the application, sign waivers, enclose check payable to CPA Sports Camps for the full camp fee or deposits for each camp, and mail to:

Christ Presbyterian Academy
Athletic Camps
2323-A Old Hickory Blvd.
Nashville, TN 37215